



Mission:

Drawing on traditional roots from Britain and beyond, making music for our common future.

What they do:

Seize The Day are an English acoustic band in the radical folk tradition, but drawing on global musical roots. The band came out of Britain's Road Protest Movement in 1996, when founding members began playing together at the site of the Newbury Bypass. Since then the line-up has expanded and gone through many incarnations, with the sound evolving along the way.

Seize the Day writes songs to celebrate, inspire and support the liberation of life. Whatever needs to change or be defended in this world, they sing to make us laugh about it, cry about it, dance about it – maybe even inspire us to believe that we can DO something about it.

They play at British festivals, theatres, fundraisers, folk clubs, night clubs, village halls and colleges. But you're just as likely to meet them at your nearest frontline protest, whether it's against fracking, or nuclear weapons, or fossil fuels.

Contact

[Website](#)

For bookings [email](#)