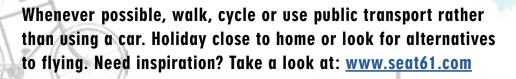
## A BETTER LIFE FOR SAFER PLANE

Follow these steps to safeguard the future for us and our children







Reduce energy consumption and sign up to an energy provider that supplies 100% renewable energy. Make your home cosier and cut down your emissions with loft insulation and draught proofing etc. For advice try: warmandsafe@cse.org.uk tel: 0800 038 5722



And if all else fails..... Recycle.

Buy less. Ask yourself, "Do I really need this?" Give away, don't throw away. See Freegle, for example, www.ilovefreegle.org



Frow plants to absorb Co2  $\mathsf{H}$  eap the rewards of flowers and pollination Ur go larger with trees to help with Water retention to decrease flooding

## USTAINABLE

Encourage and protect wildlife. And choose food produced with minimal chemicals. Better for us - Better for the environment.

Avoid food waste by planning ahead. Always try to choose local, British and organic/Fairtrade produce where cost allows. Do your best to support independent shops, farmshops and markets. Eat seasonally and enjoy good food.



Banking and investing ethically is a powerful way to drive positive change. The mission of Triodos Bank, for example, is to work for positive social, environmental and cultural change.

"HARE & COMMUNICATE Let's get talking about climate change. Try joining a local group taking positive action for our environment. How about joining us?

Visit: www.climatefriendlybradfordonavon.co.uk

Above all, tell national and local politicians that climate change and the environment is a high priority for you.



